


LOOKING FOR AN INTERNSHIP



THE AIM OF INTERNSHIP

- 
- **Link theory and practice** through real work experience to reinforce and complement learning and achieve the outcomes of curriculum.
 - Support and supplement existing and teach **new professional skills**.
 - In addition to developing individual competencies, develop **general competencies** and self-confidence.
 - **To encourage self-improvement** through critical self-reflection.
 - Find **interesting topics** for thesis or other written projects.
 - To give an opportunity to identify with the **role of a specialist**.

EXTRA BONUS

- Motivation for studies increases.
- Development of time management skills.
- An opportunity to get a "foot in the door" in terms of a future job.
- Job application experience/skills.
- Self-presentation skills.
- Work experience for CV.
- Better information about the labour market and a specific field is helpful in making a career choice.
- Opportunity to gain real-life business experience.
- Become more mature, including feeling how conscientious work and taking on professional responsibility suits you.
- Etc.



PRACTICAL TASK

THINK / write down

- In which different fields could you apply the skills of the acquired specialty?
- If your specialty does not set you any restrictions, think about which fields interest you? Which one the most?
- What are the desirable companies in the field of interest?
- Think about the location – would you like to do it in/near Tallinn or somewhere else? If it requires moving, think if you really have the opportunity to move.
- Do you want to complete an internship in Estonia or go abroad with Erasmus+?

WRITE DOWN

FIELD(S)

IN ESTONIA OR
ABROAD?

COMPANIES,
ORGANIZATIONS,
UNIONS, NGOS

FIND OUT MORE

WHERE HAVE SENIOR YEAR
STUDENTS COMPLETED THEIR
INTERNSHIP?

DOES YOUR
ACADEMIC UNIT /
INSTITUTE HAVE
PARTNERS?

IS THERE ANY
ATTRACTIVE
ADVERTISEMENT
ON STUDENT
SUPPORT CENTRE
SOCIAL MEDIA?

LOOK FOR
PUBLIC OFFERS

PUBLIC OFFERS

- Companies homepages
- CV Online internship offers
- LinkedIn internship offers
- <https://futulab.ut.ee/en/>

esimesena teada

CV KESKUS

No. 1
Job portal
in Estonia

View all Job Ads | Jo

NEW
3 hours ago

NEW
3 hours ago

NEW
3 hours ago

BAARMAN/BAARIDAAM RESTORANIS

Click and view our additional recruiting

ANNEL SEARCH?
Employers >

More detailed search

2 CVs created

free CV

ance to grab a better
CV with few minutes!

employers

at a Job

ad in Estonian most
contact our job market
+372 699 7680

cruiting help?

Advanced Job Search

Q Type in location name

- Tallinn (1814)
- Tartu (293)
- Pärnu (115)
- Kohtla Järve / Jõhvi (28)

Q Type in category

- Agriculture / Forestry / Fishing (96)
- Assisting / Administration (247)
- Catering (329)
- Construction / Real Estate (337)

Q Search by keyword

Expiring period: - Include all -

Job ad language: - Include all -

Gross salary : EUR

Work type: Internship

- Internship
- Temporary
- Employee
- Public servant
- Contract Worker or Freelancer

Working time:

- Shift work
- Job is suitable for students
- Job is suitable for people with special needs, disabilities.
- With salaries only
- Job is suitable for youngsters (13-17)

Find a job



ON TLU PAGE FIND YOUR SPECIALITY AND...

Admission Requirements



Why Baltic Film, Media and Arts School?



Post-Graduate Destinations



Academic Staff



Contact us



TALLINN UNIVERSITY

INTERNSHIP ABROAD

- <https://www.tlu.ee/en/erasmus-traineeship>
- Reach out to your [Erasmus+ Coordinator](#).
- Generic contact erasmus@tlu.ee.

APPLYING PROCESS

- CV
- Motivational letter
- Internship programme

CV

- Word
- Canva
- Etc

New

← All resume 🔍



Bold modern resume



Modern chronological r...



Modern chronological c...



Polished resume, desig...



Bubbles resume



Blue spheres cover letter



Columns resume




Contemporary resume

MOTIVATIONAL LETTER

- Why this company?
- Why you should be picked? What has been interesting in your studies so far? How does internship enriches your studies and speciality? What you would like to learn?
- What are the requirements from university side?
(Describe with few sentences and attach programme)



*EXPERIENCE
BEFORE MONEY*



*HOMework IS
ON SLIDE “FIND
OUT MORE”*



TALLINN UNIVERSITY



https://www.instagram.com/tlu_ynk/

<https://www.facebook.com/tallinnaylikool.ynk>



*HAPPY
PRACTICE!*